About the DEN

DEN stands for the:

Dementia **E**mpowerment **N**etwork

The DEN brings people together.

We are a collection of peer support groups that are based around:



friendship



mentorship



community connections



advocacy

Contact Us

Email info@hamiltoncoa.com

- to learn how to start a group or
- to have your group join the DEN



Visit www.denvoices.ca for more information.

Join us on Facebook by scanning this **QR** code



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*The views expressed herein do not necessarily represent the views of the Public Health Agency of Canada

Join the



DEMENTIA EMPOWERMENT NETWORK

RÉSEAU D'AUTONOMISATION DES PERSONNES ATTEINTES DE TROUBLES NEUROCOGNITIFS



The DEN: Empowering Dementia Voices, Connecting People, and Growing Together

As a member of the DEN, we ask that you:

What do groups like about DEN membership?

As a member of the DEN, you will have the opportunity to:

Are part of a group of **two or more people** living with dementia

social engagement

Join monthly peer support groups on Zoom.

Are able to share what you are doing with the network at least every 4 months

group camaraderie and understanding

caregiving support

Advertise your group on our website.

Ensure engaging and empowering the voices of people living with dementia is your main focus as a group.

opportunity to collaborate

Build connections, friendships, mentors/mentees etc with others like you.

decision making ability of group

Learn about opportunities to get involved including volunteer opportunities within the DFN.

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access to information and resources