

# Fun Group Activities



DEMENTIA EMPOWERMENT  
NETWORK

RÉSEAU D'AUTONOMISATION  
DES PERSONNES ATTEINTES  
DE TROUBLES NEUROCOGNITIFS



**There are no limits to what activities your groups can do - just your imagination!**

**Below are some ideas to get you started:**

- > painting
- > meals
- > trivia
- > cornhole
- > charades
- > movies
- > walks
- > mini golf
- > bingo



**“ Whatever people want to do is what you should be doing! ”**

**TIP:** Have a variety of activities at the beginning and see what people gravitate towards!

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