

Are you a group of two or more people living with dementia?

Is the main focus of your group ensuring the engagement and empowerment of people living with dementia?

JOIN THE



DEMENTIA EMPOWERMENT
NETWORK

RÉSEAU D'AUTONOMISATION
DES PERSONNES ATTEINTES
DE TROUBLES NEUROCOGNITIFS



WHAT IS THE DEN?

We're a collection of peer support groups that are based around: friendship, mentorship, community connections and advocacy.

AS A MEMBER, YOU WILL HAVE THE OPPORTUNITY TO:

- Join monthly peer support groups on Zoom.
- Advertise your group on our website.
- Build connections, friendships, mentors/mentees etc with others like you.
- Learn about opportunities to get involved including volunteer opportunities within the DEN.

FREQUENTLY ASKED QUESTIONS

What do group members like about DEN membership? Social engagement, caregiving support, opportunities to collaborate, decision making ability, access to information and resources, group camaraderie and understanding.

How do I join a group already part of the DEN? Check out our website!

Are there groups for care partners? Yes! And if there isn't a group for care partners in your area, consider starting your own!

What are key factors for starting a new group? Recruit strong leaders, keep it simple, listen to community, be realistic (and patient!)

Contact us for more information!

Visit our
website!



www.denvoices.ca



Join our Facebook
Group by scanning
the QR code!

