

HOW TO BUILD A SUPPORTIVE GROUP ENVIRONMENT



**Talk with the group about
their interests for
activities, discussions etc.**

**Create group goals and
guidelines that all
members agree on**





Develop friendships and connections within your own group and amongst the other DEN groups

Consider volunteering as a dementia advocate and help with some of the behind the scenes work that keeps the DEN going



**DEMENTIA EMPOWERMENT
NETWORK**

**RÉSEAU D'AUTONOMISATION
DES PERSONNES ATTEINTES
DE TROUBLES NEUROCOGNITIFS**



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